

Southtowns Girls Softball League

7-9 Rules of Play

**Revised 3/9/11*

*****NSA RULES ARE IN EFFECT WITH THE ADDITION OF THE FOLLOWING*****

1. Fast pitch with 10 defensive players. A team must start a game with 8 players. If a team cannot field 8 players, they will forfeit.
2. Free substitution at all defensive positions.
3. Defense may not station more than 6 players in the infield (including pitcher & catcher.)
4. Pitching distance shall be 32 feet and base paths 60 feet.
5. Pitchers may pitch no more that 3 innings per game. One pitch or more in an inning counts as an inning pitched.
6. All present players shall be in the batting order at all times.
7. The offensive team can bat no more than 12 players in an inning. When the twelfth player completes her at bat, the inning is over. This rule is waived in the 6th inning of every game. Both teams will bat until 3 outs are made (unless the home team is in the lead at the beginning or during the bottom of the 6th, in which case the game is over)
8. Bunting is not allowed.
9. NO WALKS
10. NO HIT BY PITCH

PITCHING RULES

*****The following rules apply for the entire season*****

Innings 1, 2 and 3...Girls will pitch. If after 6 pitches, the batter has not made an out or bats the ball in play, the coach will relieve the pitcher and pitch to the batter until she makes an out or bats the ball in play. The coach must pitch from the pitcher's rubber.

Innings 4, 5, 6...Coach pitch only. Coaches pitch from the rubber and pitch to batters until they make an out or bat the ball in play.

11. No stealing is allowed. A player may not leave the base until the ball leaves the pitcher's hand. Players leaving early or taking more than 8-foot leadoffs will be called out by the umpire and a dead ball will be called.
12. No balks will be called.
13. Runners shall advance only on a hit ball. Runners shall stop advancing when the ball is returned to the infield. The infield is marked as inside the base paths. The ball does not have to be in possession of a player.
14. No infield fly rule.
15. Sliding is allowed but feet first only. Avoidable collisions will result in the runner being called out on the first offense. If it happens a second time by the same runner, the runner will be ejected from the game.
16. Benches and all playing areas will be kept in good order and clear of all persons except players, coaches, scorers and on bat person.

17. Site-specific ground rules will be covered by the umpire before each game begins.
18. Umpires will automatically call base runners out for missed bases. No appeal plays.
19. No advancing on overthrows to any base.